

**HOLY EUCHARIST (RITE I)**  
**INCORPORATING THE TWELVE STEPS**  
**St. Mark the Evangelist Version**

**THE WORD OF GOD**

**Processional Hymn:**

**Salutation** *(standing)*

Celebrant: Bless the Lord who forgives all our sins;

**People:** *His mercy endureth for ever.*

Celebrant: Today we observe Alcohol and Drug Awareness Sunday with a celebration of the Holy Eucharist incorporating the Twelve Steps of Alcoholics Anonymous. These 12 steps, a program of recovery from addiction inspired in part by an Episcopal priest, are inserted at appropriate places in the service as we praise God's almighty power, confess our sins, receive forgiveness and go into the world strengthened and renewed to love and serve one another.

The Rev. Robert Ceretain in his book *The Spiritual Quest: Christian Direction on 12 Simple Steps*, replaces "alcohol" with "sin" in Step 1, making the steps applicable to us all. I invite and encourage you to read aloud the steps with me, either for yourself or the many victims of addictions.

**Celebrant and People:**

**Step 1:** *We admitted we were powerless over sin - that our lives had become unmanageable.*

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may worthily magnify thy Holy Name; through Christ our Lord. **Amen.**

**The Kyrie:** "Lord have mercy" *(standing)*

Hymnal, #S-91

**Step 2:** *We came to believe that a Power greater than ourselves could restore us to sanity.*

Celebrant: The Lord be with you.

**People:** *And with thy spirit.*

Celebrant: Let us pray...(kneeling)

**Step 3:** *We made a decision to turn our will and our lives over to the care of God as we understood Him.*

**The Lessons** *(Sitting)*

First Reading:

Reader: The Word of the Lord.

**People:** *Thanks be to God.*

Second Reading:

Reader: The Word of the Lord  
People: ***Thanks be to God.***

**Sequence Hymn:**

Celebrant: The Holy Gospel of our Lord.  
People: ***Glory be to thee, O Lord.***

**The Holy Gospel:**

Celebrant: The Gospel of the Lord.  
People: ***Praise be to thee, O Christ.***

**Meditation**

**Preacher**

**THE NICENE CREED** *(standing)*

***We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father.  
Through Him all things were made.  
For us and for our salvation  
He came down from heaven:  
by the power of the Holy Spirit  
He became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of Life,  
who proceeds from the Father and the Son.  
With the Father and the Son He is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.***

**Step 4:** *We made a searching and fearless moral inventory of ourselves.*

**THE DECALOGUE**

Lector: God spake these words and said:  
I am the Lord thy God who brought thee out of the land of Egypt and out  
of the house of bondage. Thou shalt have none other gods but me.  
People: ***Lord, have mercy upon us, and incline our hearts to keep this law.***

Lector: Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

**People:** *Lord, have mercy upon us, and incline our hearts to keep this law.*

Lector: Thou shalt not take the Name of the Lord thy God in vain.

**People:** *Lord, have mercy upon us, and incline our hearts to keep this law.*

Lector: Remember that thou keep holy the Sabbath day.

**People:** *Lord, have mercy upon us, and incline our hearts to keep this law.*

Lector: Thou shalt do no murder.

**People:** *Lord, have mercy upon us, and incline our hearts to keep this law.*

Celebrant: Thou shalt not steal.

**People:** *Lord, have mercy upon us, and incline our hearts to keep this law.*

Lector: Thou shalt not covet.

**People:** *Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.*

### **Confession and Absolution** *(Kneeling)*

Celebrant: Let us confess our sins against God and our neighbor.

**Step 5:** *We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.*

**Step 6:** *We were entirely ready to have God remove all those defects of character.*  
*(Silence is kept.)*

**Celebrant and People:**

*Most merciful God, we confess that we have sinned against you  
in thought, word and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in Your will,  
and walk in Your ways,  
to the glory of Your Name. Amen*

**Step 7:** *We humbly asked Him to remove our shortcomings.*  
*(Silence is kept.)*

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

*(Remain kneeling.)*

**Step 8:** ***We made a list of all persons we had harmed, and became willing to make amends to them all.***

**Step 9:** ***We made direct amends to such people wherever possible, except when to do so would injure them or others.***

*(Silence is kept.)*

**THE PEACE** *(standing)*

Celebrant: The peace of the Lord be always with you.

**People:** ***And with thy spirit.***

**Announcements: Sharing Parish Life and Ministry**

**LITURGY OF THE HOLY COMMUNION**

Celebrant: We welcome our guests and want you to know that all who are baptizied with water in the name of the Father, Son and Holy Spirit are invited to receive the Sacrament of the Body and Blood of Christ. Above all, whether you are our guest for only one service or are seeking a permanent place to worship, please feel at home among us today!

**Step 10:** ***We continued to take personal inventory and when we were wrong promptly admitted it.***

Offertory:

Presentation of Gifts *(standing in silence)*

**Step 11:** ***We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.***

**EUCCHARISTIC PRAYER 1**

Celebrant: The Lord be with you.

**People:** ***And with thy spirit.***

Celebrant: Lift up your hearts.

**People:** ***We lift them up unto the Lord.***

Celebrant: Let us give thanks to the Lord our God.

**People:** ***It is meet and right so to do.***

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God through Jesus Christ our Lord: who dost bid thy faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by thy Word and Sacraments, they may come to the fullness of grace which thou has prepared for those who love thee. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying:

**Sanctus and Benedictus**

*(People kneel following Sanctus.)*

Celebrant: All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender

mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that, his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, which these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord.

By whom, and with whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

Celebrant: And now, as our Savior Christ has taught us, we are bold to say:

**Celebrant and people:**

***Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done  
on earth as it is in heaven.***

*Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power,  
and the glory for ever and ever. Amen.*

## THE BREAKING OF THE BREAD

### The Communion of the People

Celebrant: The Gifts of God for the People of God.

Communion Hymn:

## POST COMMUNION THANKSGIVING

Celebrant: Let us pray.

Celebrant and People:

*Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou has prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.*

Celebrant and People:

*O blessed Lord, you ministered to all who came to you: Look with compassion upon all who through addiction have lost their health and freedom. Restore to them the assurance of your unfailing mercy; remove from them the fears that beset them; strengthen them in the work of their recovery; and to those who care for them, give patient understanding and persevering love. Amen.*

## The Blessing

**Step 12:** *Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.*

Exit Hymn:

Dismissal

Celebrant: Let us bless the Lord.

People: ***Thanks be to God.***